

tea  fay

Healthy Life Start with a Cup...

# About Us

TeaFay believes in empowering people with the opportunity to lead their lives on their own terms. With the motto of spreading health & wealth. TeaFay has continued to enrich the lives of everyone who is part of this movement & those to believe its products.

## Vision

To help people live life of financial independence. To help society to empower children for education & good health. A little affords for nation & health. Giving our self for changing many lives.

# Herbal Green Tea Tulsi (Basil)



# Green Tea

This is the tea made from the *Camellia sinensis* leaves, which undergo a process of withering and oxidation. There are numerous varieties of green tea, and they differ based on the growing conditions, the process of production, and the time of harvest.



# Tulsi Green Tea

What if there is just one drink that can cure your stress, and help you lose weight as well? How wonderful that would be, right?

Instead of spending loads on expensive products and treatments, you can stick to this one single drink that can get your job done and also give other long-lasting benefits!



This wonder drink is none other than green tea, made from another naturally available ingredient – Tulsi leaves.

# The Nutritional Profile Of Green Tea

Unsweetened brewed green tea has zero calories. If you are a calorie conscious individual, that's simply powerful. Green tea contains flavonols and catechins (a type of polyphenols) that offer many great benefits. The catechins in green tea are:

- ☪ Epicatechin
- ☪ Epigallocatechin
- ☪ Gallocatechin
- ☪ Gallate derivatives

The most potent compound in green tea is EGCG, also known as epigallocatechin-3-gallate. It is what makes green tea, green tea. It has numerous benefits, some of which include enhanced metabolic rate and body weight regulation.

# Benefits of Tulsi Green Tea













- ☪ Cuts Cancer Risk
- ☪ Improves Heart Health
- ☪ Regulates Blood Pressure
- ☪ Lowers The Risk Of Type 2 Diabetes
- ☪ Promotes Weight Loss
- ☪ Helps Relieve Arthritis
- ☪ Promotes Longevity
- ☪ Boosts Immunity
- ☪ Improves Brain Health
- ☪ Promotes Digestive Health





- ☪ Prevents Tooth Decay
- ☪ Aids In Depression Treatment
- ☪ Treats Down Syndrome
- ☪ Helps Cure Hangovers
- ☪ Improves Energy And Endurance
- ☪ Helps Treat Dark Circles And Puffy Eyes
- ☪ Offers Anti-Aging Benefits
- ☪ Helps Treat Acne
- ☪ Protects Skin Against Sunburn
- ☪ Stimulates Hair Growth

# Nutritional Facts

	Carbohydrates	1.22 g
	Crude Fat	0.00 mg
	Crude Protein	0.47 g
	Calories	2.74 Kcal
	Iron	0.00 mg
	Sodium	0.00 mg
	Calcium	0.10 mg
	Sugar	0.022 mg



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DO NOT  
MICROWAVE



REUSE  
REDUCE  
RECYCLE



**CLEAN AND  
GREEN**

# How To Make Tulsi Green Tea At Home

- ☪ Step 1: Heat water till 100°. Ensure that water isn't boiling as very high temperature can easily destroy the delicate notes in tea.
- ☪ Step 2: Pour hot water in a cup.
- ☪ Step 3: Put the Tea Stick in the cup & let it infuse.
- ☪ Step 4: Enjoy time with cup of green tea.



# Contact Us

☪ TeaFay Green Pvt. Ltd.

Shop No. 1/2/3, Jambhale Building Chinchpada, Pen,  
Dist. Raigad, Maharashtra- 402 107.

☪ +91 727 649 4896 | +91 883 000 7815

☪ [Teafaygreenpvt.ltd@gmail.com](mailto:Teafaygreenpvt.ltd@gmail.com)